

B.C.C.F Programs & Descriptions

Alcoholic Anonymous(AA)/Narcotics Anonymous(NA):

Presented by local volunteers- AA & NA is a fellowship of people who come together in support of each other in addressing their alcoholism and/or substance abuse. *Recommended for any inmate who suffers from drug and/or alcohol addiction.*

(A.N.D.) A New Direction: Drug and Alcohol Program:

Presented by Bradford County Drug & Alcohol. A New Direction assists individuals who suffer from Substance Abuse Disorder in making the transition from incarceration to recovery.

-All participants must first be evaluated by the Single County Authority.

-Inmates must have a minimum of 4 weeks remaining at BCCF to qualify for the program.

-A New Direction is recommended for any inmate who suffers from drug and/or alcohol addiction.

Adult Literacy and Basic Education:

Offered by the Bradford/Wyoming County Literacy Program- one-on-one tutoring program to help improve basic academic skills (math, reading, writing), ESL (English as a Second Language), GED prep assistance. *Recommended for any inmate that wants to improve their literacy or academic skills.*

Career Link: (One-time informational class)

Representatives from Career Link will provide information about transitioning out of jail and back into the work force. Get information about job search programs, job coaching, job training programs, and referrals to programs like Fit 4 Work. CareerLink can only serve Bradford County residents but anyone can attend. *Career Link is recommended for any inmate who wants to return to the work force after incarceration*

Emotional Literacy:

Presented by the Bradford/Wyoming County Literacy. EL offers a talk therapy-based approach to building empathy, identifying/understanding emotions, identifying triggers, problem solving, and coping skills covering a range of emotions. The mission of the course is to give students a full understanding of emotions and challenges they may be presented with while also providing them ideas to build their own "coping skills toolbox". *Recommended for all inmates.*

G.E.D Classes:

Provided by Bradford County Action. An opportunity to work on earning your General Equivalency Diploma while incarcerated. You can start earning your G.E.D. while incarcerated and continue at Bradford County Action after you are released if necessary. *Recommended for any inmate age 21 and over who did not complete high school.*

Healing Trauma:

Presented by Karen Conklin from Mindful & Kinetic Counseling. There is a strong link between trauma and substance abuse. Trauma comes from many different situations and experiences. It can be difficult to navigate through PTSD on a daily basis. The purpose of this group is to provide strong support, understanding, and healing techniques to help manage symptoms of PTSD. This group will be supportive and non-invasive to help with healing.

The Trauma Group is recommended for inmates with a history of trauma and/or substance abuse.

High School Diploma classes:

Troy High School will provide online learning opportunities on the facility tablets. Contact the Treatment Supervisor to sign up. *The program is recommended for any inmate age 20 or younger who did not finish their high school education.*

How to be a Great Tenant in Bradford County: (Offered 2-3 times per year; watch for announcements to sign up.)

Presented by the Bradford County Housing Specialist. Inmates can learn the skills needed to prepare to find housing, search for housing, understand a lease, maintaining a successful tenancy, and leaving a unit properly. Inmates that successfully complete the four hours will receive a certificate that can be presented to potential landlords. *Recommended for any inmate who will need to seek and maintain rental housing.*

Main Link Individual Peer Support Sessions:

Inmates must be referred by the mental health staff at the correctional facility.

Narcan Training: (Offered once per month; watch for announcements to sign up.)

Learn about the opioid epidemic, understanding the Good Samaritan Law, identifying characteristics of an opioid overdose, identify the steps to care for a person who has had an opioid overdose, and the demonstration of the use of intranasal Narcan (naloxone) to treat an opioid overdose. All participants who complete the training will be issued a kit of Narcan that will be placed in your property bag to take home. *Recommended for all inmates- a substance use history is not required.*

Parenting and Pregnancy Care Bible Study Classes:

Presented by the Endless Mountain Pregnancy Center. Learn skills that focus on bonding, discipline, and engaging with children of all ages. Class work is faith based and may also include other general life skills topics. *Parenting and Pregnancy Care Classes are recommended for any inmate with children, or children in the home.*

Prison Ministry:

Presented by local church volunteers. One-on-one personal ministry and bible study are offered.

Safe Bet Interactive Journaling Program:

Presented by Bradford County Drug & Alcohol. This prevention and education program will help you explore your thoughts and perceptions around gambling/gaming. *You do not have to have a gambling or gaming addiction to participate.* *Recommended for all inmates.*

S.A.F.E. Parenting:

Presented by Supporting Area Families Everyday. The goal of the program is to reduce the impact of long-term effects of parental separation on children by teaching parents how to manage conflict, build stability, and minimize truancy. Certificates of Completion will be given once the entire course has been completed. *Recommended for any inmate with children, or children in the home and/or involved with CYS.*

SMART Recovery:

Presented by a Certified Peer Support Specialist. SMART is Self-Management and Recovery Training. A science based addiction recovery support group where participants learn techniques to aid their recovery and help each other overcome addictive behavior. Learn to build motivation, cope with urges, and manage thoughts, feelings, and behaviors. No matter what your addictive behavior, SMART Recovery can help you achieve a healthy, positive, and balanced lifestyle. SMART Recovery can be started while incarcerated and continued in the community after your release. *SMART Recovery is recommended for any inmate who has abused drugs or alcohol or has identified any other addictive behaviors.*

Social Skills:

Presented by Doug Johnston from AMICA. The group covers learning new social skills, SORNA rules, and preparing for challenges in returning to the community. *Social Skills is recommended for inmates required to complete sex offender counseling. Attendance may be required by Probation/Parole.*